



# WESTERN AUSTRALIA – SRI LANKA (CEYLON) ASSOCIATION INC.

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## NEWSLETTER – OCTOBER 2025

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Treasurer – Peter Andrée

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## MESSAGE FROM THE PRESIDENT

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Dear Members and Friends,

I was honoured to have been invited by the Australian High Commission to organise "*An Evening of Discussion*" with Australia's new High Commissioner to Sri Lanka, **Matthew Duckworth**.



This exclusive gathering held on 28 July 2025 was extended to a selected group of associations and community leaders. It was a unique opportunity to share valuable insights, perspectives and priorities.

Key topics discussed were:

- Australia's growing engagement with Sri Lanka
- Cooperation on maritime security

The High Commissioner was particularly keen to hear our views and explore ways to strengthen collaboration with the Sri Lankan community.

Our **Seniors' Lunch** event is now in full motion and will be held on Sunday **9 November 2025**, at the South Perth Civic Centre. If you have not yet purchased your tickets, please do so soon to avoid disappointment. This year, we have increased the venue capacity to ensure everyone can attend and enjoy this much-loved community gathering.

I am also delighted to announce that this year's **Children's Christmas Party** will be held on Saturday **13 December 2025**, at Cannington Town Hall. The event will be a joint celebration with the Sri Lankan Cultural Association, giving our children and families a wonderful opportunity to connect and celebrate together as one Sri Lankan community here in Western Australia. Your participation will be greatly appreciated and will help make this a memorable and joyous occasion for all.

Please refer to the newsletter for more details about these events or contact a committee member.

Our membership continues to grow strongly, **reaching 115 members** so far, and our target is 200. If you have not yet joined, we warmly invite you to become part of the WASLA family. Your support and involvement strengthen our community and enable us to continue delivering meaningful events throughout the year.

Thank you for your continued encouragement and enthusiasm. I wish you and your families all the very best and look forward to seeing you at our upcoming events.

Kind Regards  
Anthony Nilantha De Silva  
President





## WESTERN AUSTRALIA SRI LANKA (CEYLON) ASSOCIATION INC. 2025 – 2026 COMMITTEE

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### TREASURER'S REPORT



<b>Current Account Balance</b>	\$10,236.89
<b>Term Deposit</b>	\$158,249.89



WASLA INVITES YOU TO OUR ANNUAL

# Seniors' Lunch

An afternoon filled with  
live music, fun and frivolity

SUNDAY

NOVEMBER **9** 12.30 PM TO 4PM

SOUTH PERTH CIVIC CENTRE  
CNR SANDGATE STREET AND SOUTH TERRACE  
SOUTH PERTH

**Music by Oceanites**

**Catering by CK Black Catering**

**SENIOR MEMBERS - \$20**

**ALL OTHERS - \$25**



FOR TICKETS CONTACT:  
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## Editorial

As the year winds down and the festive lights begin to twinkle, it's hard to believe Christmas is just around the corner. The "silly season" is nearly upon us — a time for laughter, connection, celebration, and reflection. Whether you're planning a quiet holiday at home or jetting off to spend time with family and friends abroad, we wish all our members a joyful and safe festive season. Please take care on the roads and in the skies — we look forward to seeing you back safe and well in the new year.

We've got a few exciting events still to come before we sign off for the year. Our much-loved **Seniors Lunch** is just around the corner — always a highlight — offering a chance to catch up, share memories, and enjoy good company. For our younger members, the **Children's Christmas Party** promises plenty of fun and festive cheer. Don't miss these special opportunities to connect before the year ends. We hope to see you at both events.

This season also brings a moment of pause as we remember and honour the members we've lost in recent months. WASLA has sadly farewelled five cherished members — each of whom played a special role in our community:

- **Chris Bramananda** - Chris served as President from 2003 to 2005 and continued to support WASLA with dedication and care, alongside his family. We are deeply grateful for his long-standing commitment.
- **Curly Fernando** - A dedicated and long-standing member, Curly contributed actively to WASLA. His wife, Minialie, also served for many years as Editor and Committee Member, making them both along with their son Trevor, valued members of the WASLA community.
- **Lalani Wedikkara** – Wife of Ranjith Wedikkara who served as President from 1992 to 1994. Lalani and Ranjith have been faithful supporters of WASLA for many years, and her involvement alongside her beloved husband Ranjith was greatly appreciated.
- **Osmond Perera** - Osmond gave generously of his time as both Treasurer and Editor over many years. He and his wife, Fleur, have contributed in numerous ways to the success of WASLA.
- **Derek Jansze** - Derek served as both Vice President and Treasurer on the Committee. Together with his wife Jennifer, who also served on the Committee for many years, they were regular and valued attendees at WASLA events, often joined by their family.

Their contributions, friendship, and presence will be deeply missed. We honour their memory and extend our heartfelt condolences to their families and loved ones.

As we head into the final stretch of 2025, let's cherish the moments we have with each other, celebrate the good times and carry forward the spirit of WASLA.

Wishing all our members a peaceful, joyful, and safe holiday season.

Warmest regards

Sharifa





# Happy Diwali

FESTIVAL OF LIGHTS

20 OCTOBER 2025

Wishing you a Diwali filled with happiness, love, endless light, and prosperity. May this festival bring peace and joy to your heart

FROM  
THE WASLA COMMITTEE

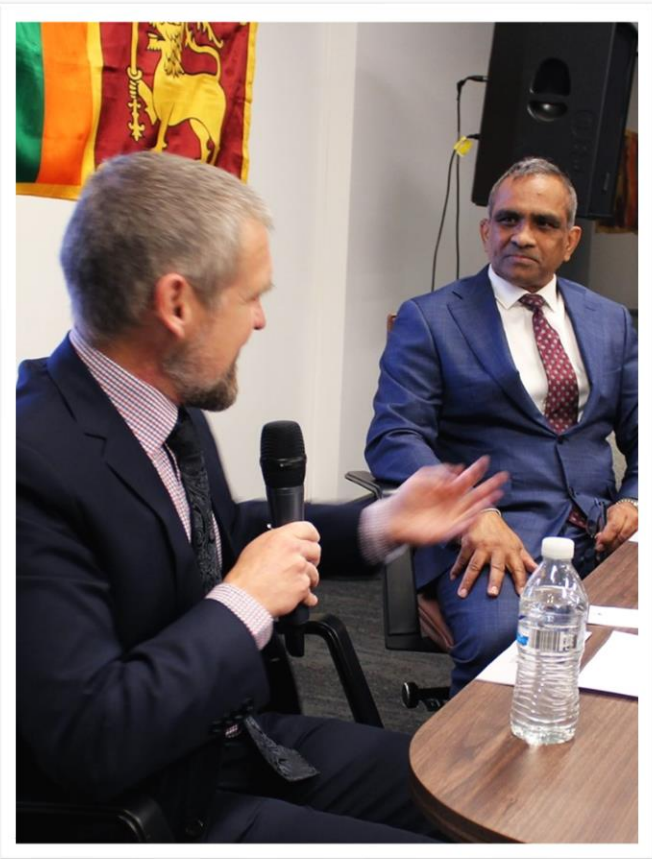




## HIGH COMMISSIONER'S VISIT TO PERTH – 28 JULY 2025

WASLA hosted "An Evening of Discussion" with Australia's new High Commissioner to Sri Lanka, Matthew Duckworth. This exclusive gathering was intended to a selected group of associations and community leaders, providing a unique opportunity to share valuable insights, perspectives, and priorities. We discussed Australia's growing engagement with Sri Lanka and cooperation on maritime security. The High Commissioner was keen to hear our views and explore ways to strengthen collaboration with the Sri Lankan community.







## REMEMBRANCE LUNCHEON

WASLA's inaugural bi-monthly "Remembrance Lunch" on Sunday **10 August 2025**. The event was held at the Olga Ramasamy Hall at AAA, Stirling Street, Perth.

The event was attended by members and guests who enjoyed a sumptuous lunch catered by CK Black Catering. It was a wonderful opportunity to catch up with friends and enjoy great company.

We thank all guests who attended the event and for making it special.





**KEEP THE DATE FREE**

**WASLA**

**IN COLLABORATION WITH THE  
SRI LANKAN CULTURAL SOCIETY  
WESTERN AUSTRALIA  
INVITES YOU TO OUR**

# *Children's Christmas* **PARTY**

**SATURDAY 13 DECEMBER 2025**

**AT THE**

**CANNINGTON TOWN HALL**

**More details to come...**





## HEALTH & WELLBEING CORNER



Research indicates that both low and high intakes of wine are associated with a reduced risk of sudden cardiac events arrest.



iStock  
Credit: Zorica Nastasic

Authored by Dr. Harold Gunatillake OAM for the global Sri Lankan community.

### Understanding Sudden Fatal Heart Attacks: Causes and Preventive Measures

*Research indicates that both low and high intakes of wine are associated with a reduced risk of sudden cardiac events arrest.*

#### Overview:

Globally, cardiovascular disease continues to be a primary cause of mortality, accounting for 17.9 million fatalities in 2019, with approximately three-quarters of these deaths occurring in low- and middle-income nations, as reported by the World Health Organisation. Eighty-five per cent of these cardiovascular fatalities were due to heart attacks and strokes. Contributing risk factors encompass poor dietary habits, insufficient physical activity, tobacco use, alcohol consumption, and environmental pollution.

Sudden cardiac events have become increasingly prevalent in contemporary society, impacting individuals of diverse age demographics and lifestyles. Although advancements in healthcare have enhanced survival rates, comprehending the underlying causes and implementing preventive measures are essential in addressing this significant global health challenge. Sudden cardiac events and cardiac arrest occur when the heart ceases to function unexpectedly, often resulting in fatality. This discourse does not pertain to individuals who experience myocardial infarctions and survive through appropriate medical intervention; instead, it focuses on the reasons behind the sudden cessation of cardiac function, which can lead to death.

Individuals diagnosed with coronary heart disease possess a significantly elevated risk of experiencing a fatal heart attack, primarily attributed to the failure to adhere to an appropriate lifestyle. Nevertheless, despite maintaining strict discipline, it is not uncommon for individuals to encounter the reversal of such conditions.

Sudden fatal heart attacks may occur even in the absence of a prior history of heart disease, and the reasons for such occurrences remain unclear.

According to an article by Tim Newman on April 29, 2025, in Medical News Today, a new study has found 56 lifestyle factors that could help prevent most cases of sudden cardiac arrest, according to the author. Globally, there are an estimated 2 million cases per year related to this heart event.

The common risk factors for heart arrest are preexisting cardiovascular issues, as mentioned and the following causes, too:



## When somebody drowns or chokes

### How can diabetes affect your heart?

Diabetes can affect the heart due to sudden changes in electrolyte levels, which can impact the heart. Electrolyte imbalances, particularly in potassium (K<sup>+</sup>) levels, can significantly disrupt the heart's electrical activity and potentially lead to cardiac arrest in diabetic patients. This is because electrolytes are crucial in maintaining the heart's rhythm and conduction. Diabetic ketoacidosis (DKA) and other diabetic complications can exacerbate these imbalances, increasing the risk of cardiac arrest.

**Electrolyte abnormalities:** The primary issue is a total body potassium deficit (see Hypokalemia). Initially, the potassium level may appear elevated due to the shift of potassium out of cells in diabetic ketoacidosis. However, once the acidosis improves, the potassium levels will swiftly drop, exacerbated by insulin therapy.

### Certain medications, including antibiotics and diuretics.

Diuretics can contribute to cardiac arrest by disrupting electrolyte balance, particularly regarding potassium and magnesium levels. This imbalance may result in life-threatening arrhythmias, such as torsades de pointes, which can subsequently progress to cardiac arrest. Furthermore, the administration of high-dose non-potassium-sparing diuretics, particularly in patients with left ventricular dysfunction, may elevate the risk of arrhythmic death.

Numerous risk factors associated with sudden cardiac death may include tobacco use, an unhealthy diet, and insufficient physical activity. The primary contributors to sudden cardiac fatalities include tobacco smoking, excessive daytime napping, prolonged television viewing, inadequate consumption of fruits and vegetables, and difficulties in waking up.



**There are also factors found associated with a reduced risk of sudden cardiac arrest, and these include:**

- Regular vigorous physical activity
- drinking alcohol
- drinking red wine
- drinking white wine and champagne.

Scientific literature extensively supports the benefits of moderate alcohol consumption. In this context, the intake of red wine has been associated with a reduced risk of coronary heart disease (CHD). Experimental studies and meta-analyses have primarily attributed this effect to a diverse array of polyphenolic compounds in red wine, including resveratrol, catechin, epicatechin, quercetin, and anthocyanin. Resveratrol is regarded as the most effective compound in wine for preventing CHD due to its antioxidant properties.





### **Choice of Diet:**

It is essential to reduce inflammation daily through a balanced diet. Choosing to cut back on highly processed foods, such as processed meats and packaged snacks, can make room for more nourishing, anti-inflammatory options like delicious fruits, vibrant vegetables, wholesome legumes, crunchy nuts, satisfying seeds, flavorful oily fish, and hearty whole grains.

### **Stress and Lifestyle Factors**

Chronic stress, along with our increasingly sedentary lifestyles, plays a significant role in heart attacks. When stressed, our bodies release hormones such as cortisol, which can lead to higher blood pressure and increased strain on the heart. Modern work routines, minimal physical activity, and unhealthy eating habits can increase the risk of cardiovascular disease.

### **Obesity and Poor Diet**

The prevalence of obesity has skyrocketed due to diets rich in processed foods, sugars, and unhealthy fats. Excess body weight increases the strain on the heart and contributes to the development of hypertension, diabetes, and high cholesterol—all risk factors for heart attacks.

### **Genetic Predisposition**

A family history of heart disease significantly raises the odds of experiencing a sudden heart attack. While genetic factors cannot be altered, awareness of this risk can guide lifestyle choices to mitigate its impact.

### **Sleep Disorders**

Conditions such as sleep apnea have been associated with an increased risk of heart attacks. Sleep apnea interrupts normal respiration during sleep, resulting in oxygen deprivation that can place significant stress on the heart over time.

### **Infections or Inflammatory Conditions**

Emerging research has highlighted the role of infections, such as COVID-19, and chronic inflammatory conditions in triggering heart attacks. These conditions can cause plaque rupture or arterial inflammation that destabilises cardiovascular health.

### **Regular Health Check-Ups**

Routine medical examinations can help identify risk factors early, such as high blood pressure, cholesterol levels, or diabetes. Early intervention and lifestyle adjustments are essential to prevent heart attacks.

### **Medications and Supplements**

For individuals identified as high-risk, medications such as statins or aspirin, prescribed by a physician, can help manage cholesterol levels and prevent blood clots. Additionally, supplements such as magnesium and omega-3 fatty acids may contribute to maintaining cardiovascular health.

### **Conclusion**

Sudden heart attacks are a complex issue influenced by lifestyle, genetics, and our environment. While specific causes, such as genetic predisposition, may be beyond our control, there are numerous risk factors that we can actively work on to reduce. Embracing a heart-healthy diet, engaging in regular exercise, managing stress, and maintaining routine health check-ups can all play a vital role in prevention. Focusing on our cardiovascular health and making small, manageable changes can help reduce the risk of sudden heart attacks and lead to a healthier, more fulfilling life.

While there isn't a single famous quote about the preventability of heart disease through a healthy lifestyle, the concept is widely supported by organisations such as the World Health Organisation and the Cleveland Clinic. Leading health bodies emphasise that a heart-healthy lifestyle, including a balanced diet, regular exercise, weight management, and not smoking, can significantly reduce the risk of cardiovascular disease. The effectiveness of these "lifestyle medicine" approaches is a key area of focus for preventing heart disease and improving overall quality of life.

# KANDY ESALA PAGEANT IS AN AUSTERE ADHERENCE TO TRADITION



*The Esala Pageant, which originally began as ritual to pray to various deities, gradually transformed into a platform that displays Kandyan excellence.*

Have you ever thought of as to how this ancient ritual called the Esala Maha Perehera (Pageant) now called the Grand Pageant in Kandy has survived?

Little do we realise that if not for the dancers, drummers and torch bearers the Kandy Esala Pageant would be another street procession. The Esala Pageant, which originally began as ritual to pray to various deities, gradually transformed into a platform that displays Kandyan excellence. On display are dancing from different schools and other traditional performances.

One result of the austere adherence to tradition is the significance of various musical instruments played in the procession over the years, These musicians can be identified by the different clans they represent.

Another baffling point about this Pageants is the absence of southern dancers. This is strange because the item of dancing originally came from the South, namely Devundra.



The original Perahera or procession wended its way to Aluthnuwara from Devundara Vishnu Devale, which marked the first Perahera in the hills. Then it was King Senarath who decided to take the Perahera with the effigies of God Maha Vishnu to Senkadagalapura.

This gigantic ritual practised in the Central Hills also had an Indian influence. That, is not unusual since the Kandyan Kings in later years were much associated with the Indian Culture.



Unlike in the Aluthnuwara Perahera, which concluded a few days ago, before the commencement of the ritual, the Kapurala (the serving priest) of the Devale (Shrine) bears the emblem of the deities.

The only plausible reason for this action is that the Kapuralas, who participate in the Kandy ritual, obediently took upon themselves to serve the deities, rather than leave it on a 'Ransivige' (Canopy).

On the other hand Robert Knox, who lived in Kandy as a prisoner, in his book mentions of dressed giants. These are the "Maha Bambas", but they have since been removed from the Kandy Esala Perahara.

The story goes that the 'Maha Bamba' acts were created as a symbol of the trustees of the people of Sabaragamwa, especially after the Kandyan rebellion. The giants were 'forced' to go in the Kandyan Pageant. As a result the Maha Bamba who had two faces had by this time left the Kandyan ritual.

It is a privilege to be called to perform in this historic ritual. This request came from the King himself. And now that request comes from the Diyawadana Nilame, the official who can even cancel the Perahera or divert its course, as it was done by the former Diyawadana Nilame C.B.Nugawela, over a clash with the Chairman of Queen's Hotel.



By L B Senaratne

<https://www.dailymirror.lk/news-features/Kandy-Esala-Pageant-is-an-austere-adherence-to-tradition/131-316418>



**KANDY ESALA PERAHARA 2025** <https://www.facebook.com/Esalaperahera/>





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# Economic Pathways to Refugee Integration (EPRI) program

It is through work that refugees and migrants are able to build social networks, gain independence and establish a sense of belonging in Australia.

The Economic Pathways to Refugee Integration (EPRI) pilot program is an Australian Government initiative that seeks to increase the rate of employment for eligible refugees and humanitarian entrants by utilising social enterprises, across Australia, to create job opportunities and pathways to employment and self-employment for refugees with low skill levels and/or low English language proficiency.

Since its launch in 2023, the program has helped hundreds of program participants obtain employment.

## The objectives and outcomes of the EPRI program are to:

- Increase the economic participation rate for refugees and humanitarian entrants with lower skill levels and/or low English language proficiency.
- Increase the number and type of pathways to economic participation available to refugee and humanitarian entrants with low skills and/or English language proficiency.
- Develop refugees' and humanitarian entrants' skills, qualifications and experience in areas of workforce shortages.
- Increase refugee and humanitarian entrants' English language skills directly related to economic participation.
- Improve the efficiency and effectiveness of the pathways to economic participation available to refugees and humanitarian entrants with low skill and/or English language proficiency.
- Enable higher rates of refugee and humanitarian entrant employment and self-employment.
- Reduce refugee and humanitarian entrant welfare dependency and long-term unemployment.



To learn more about the EPRI program, including eligibility and service delivery locations, scan the QR code or visit [Employment pathways for refugees \(homeaffairs.gov.au\)](https://homeaffairs.gov.au)





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# National Community Hubs Program (NCHP)

Settling down in a new country is challenging for migrant, refugee and humanitarian entrants. Mothers of young children in particular may need extra help and support to build social connections, feel a sense of belonging, and to navigate their new environment.

Community Hubs operate within familiar and culturally safe spaces located in Primary Schools. With a focus on supporting migrant women and their young children, the hubs connect participants with each other and their local communities. They provide opportunities to learn English, develop new skills, volunteer and find employment, and access various support services. They also provide playgroup and early year programs.

Community Hubs Australia delivers the program, currently with 100 hubs based in New South Wales, Victoria, Queensland, and South Australia. Over the next 3 years from July 2025, an additional 25 hubs will be established in new locations.

## The objectives and outcomes of the NCHP program are to:

- Engage and connect culturally diverse communities, especially women with young children.
- Smoother transition to school for children and families from CALD backgrounds, leading to long term education outcomes.
- Develop English language capacity of participants to improve social engagement and access to opportunities.
- Improved social and economic outcomes of families and individuals, especially from migrant and refugee backgrounds.

### Who is eligible? \*

- Refugee and Humanitarian Entrants
- Migrants

*\*All are welcome at the Hubs, however the focus of the Program, and Departmental funding, is targeted at migrants, refugees, and humanitarian entrants.*



To learn more about the NCHP program, scan the QR code or visit  
[National Community Hubs Program](#)





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# Settlement Engagement and Transition Support (SETS) program

Starting a new life in a new country is a challenge. Newly arrived refugees and migrants often need extra help and support to connect and stay engaged in their new community.

SETS provides humanitarian entrants, other eligible migrants, and their communities with **free** settlement related information, advice, advocacy and help to engage with and use mainstream and other relevant services. The program tailors services to client issues that may vary and change across locations, cohorts and during each client's settlement journey.

SETS activities can include, for example, employment readiness sessions, digital literacy support, homework clubs, conversational English classes, health workshops, delivering training and information on Australian laws, values and sources of support to address a range of settlement issues, driver training classes and activities to reduce social isolation.

## The objectives and outcomes of the SETS program are to:

- Equip and empower humanitarian entrants and other vulnerable migrants with the tools to address their settlement needs and improve social and economic participation, and community integration.
- Build the capacity of small and/or ethno-specific organisations to better support their local communities.
- Foster a whole-of-community approach to achieve settlement and migration outcomes.

### Who is eligible?

- Humanitarian entrants.
- Family stream migrants with low English proficiency.
- Dependants of skilled migrants in rural and regional areas with low English proficiency.
- Other streams: Pacific Engagement Visa (PEV), Former Resident visa, Referred Stay (Permanent) visa and Resolution of Status (RoS) visa for Ukrainian nationals only.



To learn more about the SETS program, scan the QR code or visit [Settlement Engagement and Transition Support \(SETS\)](#)





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# Youth Transition Support (YTS) program

Starting a new life in a new country is a challenge. Young refugees and migrants often need extra help and support to connect and stay engaged in their new community.

Youth Transition Support (YTS) services help young humanitarian entrants and eligible migrants aged 15 to 25 to take part in work and education, strengthen vocational skills, and build social connections and confidence through sporting programs.

Since 2015-16, the program has helped thousands of young people to improve workplace readiness, support ongoing engagement with education, and build strong social and community connections. YTS is a free program offered in select locations in NSW, VIC and QLD.

## The range of services offered under YTS may include:

- Relevant training to develop workplace awareness and work readiness, and familiarity with the Australian workforce, employment systems and culture.
- Work placement and mentoring opportunities, linking to Government services including Workforce Australia providers.
- Pathways to vocational training and facilitating the recognition of existing vocational skills.
- Outside-school programs, careers guidance and activities to assist with continuing engagement and participation in education.
- Inclusive sporting programs, aimed at developing teamwork, leadership and English language skills, and building social connections.

## Who is eligible?

Persons aged 15 to 25 who are either:

- Humanitarian entrants,
- Family stream migrants with low English language proficiency, or
- Dependants of skilled migrants with low English language proficiency.



To learn more about the YTS program, scan the QR code or visit [Youth Transition Support services](#)





# CONNIE FRANCIS: THE VOICE THAT CAPTURED A GENERATION

The world has farewelled one of the most distinctive voices of the 20th century. Connie Francis, the American singer whose heartfelt ballads and spirited anthems soundtracked the lives of millions, has passed away aged 86. Known for hits like "Where the Boys Are", "Stupid Cupid", and "Who's Sorry Now?", Connie's legacy is one of resilience, brilliance, and boundless heart.



resurgence on social media.  
Picture: Getty

## A Star is Born

Born Concetta Rosa Maria Franconero in Newark, New Jersey, Connie's journey to global fame wasn't instant - but it was unstoppable. Her breakthrough came in 1957 with "Who's Sorry Now?", a song that not only launched her career but became a cultural touchstone. With her unmistakable voice - powerful yet tender - Connie forged a path through the male-dominated music industry and became the first woman to reach number one on the Billboard Hot 100 chart.

## Resilience Behind the Spotlight

Connie's life, while dazzling in the public eye, was not without its shadows. She endured personal tragedies, career setbacks, and years of silence due to trauma - but she returned, time and again, with grace and defiance. Her autobiography "Among My Souvenirs" candidly shared her battles and triumphs, helping others find courage through her honesty.



Francis – seen here in 2011.  
Picture: Cindy Ord/Getty Images

Despite facing unimaginable hardships, Connie never allowed adversity to define her. Instead, she became a symbol of survival - a woman who continued to sing, to heal, and to inspire.

## The Stage Was Her Sanctuary

Connie's performances were more than concerts - they were declarations of love, hope, and connection. From sold-out theatres to heartfelt renditions for veterans and charitable causes, she used her platform to uplift and unite. Audiences across the globe - including here in Australia - were moved by her passion, sincerity, and unwavering spirit.

## A Lasting Legacy

Connie Francis didn't just entertain - she comforted, she consoled, and she gave voice to the feelings many couldn't express. Her influence transcends eras, generations, and borders. Her music remains a living tribute - and for so many of us, her songs will forever echo in the tender corners of memory.

Reference: "mytributes" Published 25/7/2025  
<https://www.mytributes.com.au/article/celebrity-tributes/connie-francis-the-voice-that-echoed-across-genera/4667842/>



## JUST FOR LAUGHS

**OMG! I finally realize what is wrong with my brain, On the left side, there's nothing right. And on the right side, there's nothing left...**



Today I got my happy pills and my pissed off pills mixed up & I think I took one of each so now I'm pissed off but I'm happy about it



I am at that stage in my life where I keep myself out, of unnecessary arguments, so even if you tell me  $1+1=5$ , you're absolutely correct. enjoy. 🍀





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## About Us

Chandika Wanigasekera is the Founder & Principal of Wizdom Finance & Advisory. He has over 33 years of experience in the Banking and Finance industry and brings a wealth of expertise to his clients. Known for his client-first approach, Chandika is deeply committed to helping clients achieve their financial goals.

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### Artistic Escape

13 Days 12 Nights Package

Draw inspiration. Breathe beauty. Capture the soul of a timeless island. Embark on a creative journey across Sri Lanka — a land of breathtaking landscapes, vibrant culture, and untouched natural beauty. From misty mountains to golden shores, every corner offers something to sketch, paint, or photograph. Let your fingertips translate the island's magic into art. This is more than a tour — it's a sensory experience with a touch of class, designed for artists, dreamers, and lovers of the extraordinary.

Start from 1495 /pax

### Small Island Big Trip

12 Days 11 Nights Package

Explore Sri Lanka like never before — where every mile tells a story. Discover all UNESCO World Heritage Sites, encounter incredible wildlife, and immerse yourself in the island's rich flora and fauna. From exotic beaches to authentic cultural experiences, this journey offers the best of Sri Lanka in one unforgettable adventure.

Start from 1795/pax

### Wellness Journey

14 Days 13 Nights Package

Relax. Rejuvenate. Rediscover yourself in paradise. Indulge in a specially curated wellness package designed to soothe your body, calm your mind, and uplift your spirit. Travel through Negombo, Sigiriya, and the South Coast, combining luxurious relaxation retreats with elements of awe and wonder. From serene beaches to ancient healing traditions, this journey blends wellness and world heritage — where you can unwind with Ayurvedic treatments, yoga sessions, and tea experiences, all while witnessing the wonders of Sri Lanka, like the majestic Sigiriya Rock Fortress and the biodiversity of coastal sanctuaries. A perfect balance of comfort, culture, and care — to leave you feeling truly renewed.

Start from 3500 /pax

## Special Promo

Discount up to AUD 50

Promo 2+1  
Get 1 Kid below 6 years Free!

Free Hotel Upgrade

Family Package

Take a Private Tour

## Why Choose Us?

- Years of Experience
- Trusted Service
- Flexible Holiday Packages
- Many attractive promotions

Don't Miss This Opportunity. Book Now and Get your Discount